

PHILADELPHIA FLEABANE

"The Flea Fighter"

- Fun Fact: People used to put this under their beds to keep fleas away—yuck and cool!
- Medicinal Use: Once used in teas for coughs and colds.
- Edible: Not recommended.
- Pet Safety: Can upset tummies if pets eat it



FIELD MUSTARD

"The Cousin of Cabbage"

- Fun Fact: This plant is related to broccoli and turnips.
- Medicinal Use: Rich in vitamins, supports digestion.
- Edible: Yes. Young leaves and flowers have a peppery taste.
- Pet Safety: Safe for dogs and cats.



GARLIC MUSTARD

"The Invader with a Kick"

- Fun Fact: Smells like garlic and grows where it doesn't belong.
- Medicinal Use: High in vitamin C, supports digestion.
- Edible: Yes. Great in pesto.
- Pet Safety: May cause upset stomach in pets.



MIAMI MIST

“The Flea Fighter”

- Fun Fact: People used to put this under their beds to keep fleas away—yuck and cool!
- Medicinal Use: Once used in teas for coughs and colds.
- Edible: Not recommended.
- Pet Safety: Can upset tummies if pets eat it



CURLY DOCK

“The Wild Spinach”

- Fun Fact: The curly leaves make it easy to spot.
- Medicinal Use: Used to soothe skin and support digestion (when cooked).
- Edible: Yes, when properly prepared.
- Pet Safety: Can be harmful to kidneys in pets.



FIELD PENNYCRESS

“The Peppery Pocket Plant”

- Fun Fact: The seed pods look like tiny coins.
- Medicinal Use: Traditionally used for bladder and kidney support.
- Edible: Yes. Young greens and seeds are spicy.
- Pet Safety: Toxic to cats and horses.



GIANT GOLDENROD

"The Bee's Buffet"

- Fun Fact: Bees love it, and it doesn't actually cause allergies.
- Medicinal Use: Supports kidney and bladder health.
- Edible: Yes. Can be used in tea.
- Pet Safety: Pet-friendly.



CAROLINA CRANE'S-BILL

"The Beaky Plant"

- Fun Fact: Its seed pods look like a crane's beak.
- Medicinal Use: Used for sore throats and wounds.
- Edible: Not typically eaten.
- Pet Safety: Safe for pets.



POISON IVY

"Leaves of Three, Let It Be"

- Warning: Can make your skin super itchy.
- Look For: Three leaflets, usually shiny, with the middle one on a longer stalk.
- Never touch or pick!





NATURE WALK SCAVENGER HUNT: WILD HERBS EDITION

